

PATOKA LAKE Triathlon



Head for the hills and race for a cause. All proceeds from this event will go to support Patoka's non-releasable raptors; a red-tailed hawk and eastern screech owl. With your help, we may also be able to save the life of a bald eagle by acquiring a non-releasable eagle for our educational programming.

Saturday, August 24th 2013

For Ages 15 & older

Course Info:

Swim 500 yards in Patoka Reservoir, begin and finish at the beach.

Bike 12.8 miles on well paved roads around Patoka Reservoir.

Run 5k through the woods on groomed gravel roads and well paved bike trail.

Start Time: 8:30 a.m. Eastern Daylight Time

Packet pickup- Friday, August 23rd 8:30a.m. to 8p.m. at the Patoka Property Office

Saturday, August 24th-Onsite check-in and packet pickup 6:30 to 7:45 a.m. at the Patoka Lake beach

Mandatory safety meeting 7:50a.m. on Saturday.

Contact Us At (812)685-2447 **Email:** dreckelhoff@dnr.in.gov

Register Online At: https://secure.getmeregistered.com/get_information.php?event_id=7964

Or at <http://patokatriathlon.dnr.in.gov> and click on the registration link.

USAT Membership not required

Timing by: Planet Adventure LLC / www.planetadventurerace.com

Online Registration ends Thursday, August 22nd at 11:59p.m. Onsite Registration Friday, August 23rd from 8a.m. - 4p.m. at the Patoka Lake Property Office.

Overall prizes, team prizes, division prizes, and age group prizes for winners of each gender. You may choose the following special divisions: Overall, Clydesdale (200lbs +) or Athena (Women 165lbs+). If you choose a special division, you will forfeit any age group division award you might have qualified for.

Price: Individual- Early Registration- \$30 for the first 30 days, \$35 Individual after first 30 days, late registration is \$40 Individual –starting August 3rd. Team Registration -\$80

Free T-shirt while supplies last if you register before August 3rd

Also Offered: 8:10a.m., Free Kids Fun Run for ages 10 and under and also ages 11-14.
Onsite registration & awards for this ¼ mile race on the paved bike trail (up-hill run) at the beach.

Directions to race at: www.mapquest.com 3084 N. Dillard Rd. Birdseye, IN 47513

“Head for the Hills” Patoka Lake Triathlon

August 24, 2013

Information

This triathlon is a race with a cause. All proceeds from this event will go to support Patoka's non-releasable raptors; a red-tailed hawk and eastern screech owl. With your help, we may also be able to save the life of a bald eagle by acquiring a non-releasable eagle for our educational programming. We look forward to your participation and appreciate your help in saving Indiana's birds of prey.

Race Time: Set for 8:30a.m. Eastern Daylight Time on Saturday, August 24, 2013.

USAT membership is not required.

Contact Us

Dana Reckelhoff, Race Director

(812)685-2447

dreckelhoff@dnr.in.gov

Race Website: <http://www.in.gov/dnr/parklake/7610.htm> and www.planetadventurerace.com

Location

The race will be held at Patoka Lake. The address is 3084 N. Dillard Rd. Birdseye, IN 47513. However, the town where we are actually located is Wickliffe, IN. GPS and MapQuest directions are usually accurate in locating the property using the address above.

Registration

Register online at: https://secure.getmeregistered.com/get_information.php?event_id=7964

Online registration closes on Thursday, August 22nd at 11:59p.m. Onsite registration will take place during packet pickup at the Patoka Lake Property Office from 8am until 4pm. Packet pick up available until 8pm.

Chip Timing

Chip Timing by Planet Adventure, LLC. Scoring and timing services using My Laps Chip System.

Results will be posted on <http://www.in.gov/dnr/parklake/7610.htm> and www.planetadventurerace.com

Individual times for run, bike and swim will also be available. Transition times are not factored out.

Course Information

Swim 500 yards in open water at the beach. Provided color swim caps must be worn. Waves will be staggered as competitors swim out 150 yards, 200 yards parallel to beach and then 150 yards back to shore. Wet suits may be used in water 78°F and lower.

Bike 12.8 miles along paved hilly roadways. Start by climbing the infamous “beach hill”, loop through the properties roads, boat ramp parking lots, and back down “beach hill” to finish the bike portion. You must furnish your own water along the bike course. There will be 1 water station along the bike course.

Run 3.1miles (5K) through the woods on well maintained gravel lanes and a paved bike trail. Runners must wear the race bib in front. There will be 1 water station along the run course.

Transition Area will be supervised. Only the participants will be allowed in the transition area and will be the only ones authorized to pick up their bike and equipment. To collect equipment, your body ID # must match your bike ID #.

Results & Awards

Live results will be posted immediately at the race using on screen monitors and can be found at:

<http://www.in.gov/dnr/parklake/7610.htm> and www.planetadventurerace.com

Awards will be given to the overall male and female winners, male and female winners of the 10 year age groups, overall team winners and top male and female winners of the Clydesdale & Athena divisions.

Race Evaluations

Your opinions are important to us. Please complete an event evaluation form to tell us how we did. Help us to improve for future races. Pick one up under the racer's tent.

Bike Check & Repair

Adventures Recreation and Gear of Jasper will make minor repairs and have some equipment for sale. Have your bike in racing condition when you arrive. HELMETS ARE MANDATORY. Have your own water bottle for the bike portion. Recumbent bikes may not be used.

Teams

Team captains must complete the registration for all team members and also be responsible for payment of the entire team. Team captains are required to furnish all team members with the event information. Please list the team members in order as to who will compete in swim, bike, and run portions of the race. Teams can consist of 2 or 3 members of any sex and combination.

Divisions

Wave 1 will be for individuals competing for the overall male and female winner positions. Following waves will be for age groups, teams, and Clydesdale/Athena divisions. Participants who compete for the overall winning positions cannot win an age group award. Similarly, age group participants cannot win an overall award. Awards are given to the winning male and female and in each age group. Other special divisions include Clydesdale (men 200+ lbs.) and Athena (women 165+lbs). If you choose one of these special divisions, you will not qualify for any age group award or an overall award.

Mandatory Safety Meeting

Begins at 7:50am and will last 10 minutes.

Kid's Fun Run

8:10a.m. Free for ages 10 and under, & 11-14 years. ¼ mile up-hill run on paved bike trail at beach. Awards too!

Facilities

Restrooms and solar powered showers will be available onsite for your convenience.

Recreation Area Entrance Fee

Triathlon participant's vehicle entrance fees are waived. All other vehicles will pay the \$5 entrance fee; \$7 out of state vehicles.

Parking is conveniently located at the event site. Traffic controllers will be on duty to assist vehicles before and after the event. Traffic will however; be limited during the event for the safety of our athletes.

Packet Pick Up

Packets may be picked up at the Patoka Reservoir Property Office on Friday, August 23rd from 8am -8pm and Saturday, August 24th from 6:30 -7:45am under the racer's tent at the beach. Arrive Early. ALL TRIATHLETES MUST SHOW PHOTO ID TO PICK UP THEIR PACKET TO RACE, unless prior arrangements have been made.

Changing Swim Waves

If you feel that you may be a potential overall winner, you may contact the race director at least TWO DAYS BEFORE THE RACE to request a change to the first wave.

Cancellation

In the event of cancellation, no refunds will be made. Entries are not transferable or exchangeable.

Food and Refreshments

Food, drinks and water will be available as participants complete the event. This is for competitors and volunteers only. A concession stand is available for spectators.

Lodging

Cabins are available locally. Other lodging is available in the cities of Jasper (19 miles west) and French Lick (17 miles north).

Other Opportunities

Camping, boating, skiing, fishing, kayaking, archery, hiking trails, fitness trail, 6 mile paved bike trail, disc golf course, & more.

Questions

Contact -Dana Reckelhoff
(812)685-2447
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